

It's our 10th Birthday - 10 wonderful years of Connecting people Changing lives!

ASNA was launched on the 2nd of December 2001. To mark this 10th Anniversary year, we will be hosting the 10th Family respite and training weekend at the site of its first ever weekend, the Frontier Centre, in Irthlingborough, Northampton, NN9 5UH!

We are expecting over 100 guests including over 30 children with and without disabilities, over 30 volunteers giving 1:1 support for children and adults and disabilities, over 40 carers and volunteers supporting people with special needs and disabilities. Last year saw our biggest ever attendance of 120 guests.

This year, in response to many requests and recommendations and to mark this milestone, we will extend the weekend program over 3 days and 3 nights (arrive Friday 15th at 5pm leaving Monday 18th at 11am) to allow for more spiritual development, fun activities, peer support and family time together.

We are also pleased to have ACT4 with us for the Saturday and a trained music therapist to support and work with the children's program. Act 4 provided a fantastic training day for our volunteers in February and we know they will have an excellent spirit filled program planned for the weekend.

Registered charity no. 1100447

We will also host our 8th AGM on the Sunday (17th April 2011) when we will present our plans and ideas for the next 5 years. We hope all our members will be present to contribute to the ideas and share any thoughts with us during the AGM.



Theme for the weekend: Celebrating 10 years of blessings

Friday

5 pm	Registration & introduction to volunteer carers
7 - 8 pm	Evening meal
8.30 - 9.30 pm	Welcome

Saturday

7 am	Early morning walk
7.30 - 8.00 am	Early morning worship
8.45 am	Breakfast
10 - 11 am	ACT 4 Worship together
11 - 1 pm	Workshop
1.15 pm	Lunch
2.30 - 4.30 pm	Carers Workshop
4.30 - 6.30 pm	Free Time
6.30 pm	Dinner
7.30 - 9.00 pm	Special evening worship, concert & celebrations

Sunday

8.45 am	Breakfast
10.00 am	ASNA AGM (all welcome. Only ASNA members able to vote).
1.15 pm	Lunch
2.15 - 6 pm	Free time to join children or try some of the activities or go off site / Free time / Carers support group / family time
6.30 pm	Dinner
7 - 9 pm	Camp Fire

Monday

8.45 am	Breakfast
9.30 am	Leave rooms
11 am	Leave site

The program is subject to change

Children's program

Children's activities include all children: Age ranges - 4-12 yrs, 12 - 14 yrs, 14 -18 yrs

Activities include: ACT 4 worship sessions, music workshops, music therapy for children with special needs, climbing, canoeing, king swing, high ropes, archery, sports hall activities, bouncy castle and much more.

Adults with special needs program

The details of this program can be sent on request.