

# CYCLE 4 ASNA

Help us raise funds for ASNA  
by booking to attend and take part  
in our **10th Year Anniversary**  
fundraising cycle and picnic.

This event will take place on the **28th August 2011**  
at **Richmond Park, London.**

Come with family and friends and a picnic.

Entry to fundraising cycle will be £5.00.

We are asking all cyclists to raise a minimum of £100  
(for adults) and £50 (for children). The course is designed to  
suit all abilities. Come and cycle for 7 miles, 14 miles or 21  
miles and take in the beautiful scenery as you cycle.

**Registration begins at 10am, cycle begins at 11am.**  
**Refreshments and free T-shirt provided for fundraising cyclist.**

ASNA is a registered Charity set up by carers and people with special needs.  
We support the spiritual, social, emotional and physical needs of people  
living with disabilities and special needs.

For more information about **CYCLE 4 ASNA** please contact

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